

**ST. JOSEPH'S COLLEGE FOR WOMEN (AUTONOMOUS), VISAKHAPATNAM**

**Time 3 Hrs/Week**

**LIFE SPAN DEVELOPMENT – I**

**Max. Marks : 100**

**OBJECTIVES :** To enable students to

- Acquire information on Development at various stages of the life cycle up to late childhood.
- Become familiar with different types of behavioral patterns of childhood and to understand the child
- To compare developmental changes during early and late childhood.

**COURSE :**

**UNIT I :**

**Early Childhood (2-5 yrs) :**

- a. Characteristics of Early Childhood
- b. Physical and Motor Development – Heights and Weights, factors influencing, importance of, and classification of skills.
- c. Language Development – stages of, components of speech, factors influencing, essentials of speech.
- d. Emotional development – characteristics of children's emotions, common emotions.
- e. Social Development – common social and unsocial behaviour patterns, early childhood experiences.
- f. Cognitive Development – Characteristics – irreversibility, centration, egocentrism, concreteness;

**UNIT II :**

**Late Childhood (6-12yrs) :**

- a. Characteristics of Late Childhood
- b. Physical and Motor Development – Heights and Weights, Body proportions, skills.
- c. Language development – Improvement in speech
- d. Emotional Development – patterns of emotional expressions
- e. Social Development – characteristics of gang, importance sociometry
- f. Cognitive development – characteristics – decentration, reversibility, animism, egocentrism classification, seriation.
- g. Moral Development – Stages of types of discipline, essentials of discipline.

**UNIT III :**

**Care of the child – early and late childhood**

- a. Food pattern
- b. Care of teeth, ears, eyes.
- c. Prevention of accidents – at home and outside.
- d. Behavior Problems – Thumb sucking, nail biting, enuresis, temper – tantrums – causes, remedial measures.

**UNIT IV :**

**Play**

- a. Importance, values of play
- b. Types of play
- c. Theories of play
- d. Characteristics of children's play
- e. Variations in play

**UNIT V :**

**Personality Development – Erikson & Freud Theories Defense Mechanisms .**

**REFERENCES :**

1. Baltes P.B.Sohie R.W., Life Span Developmental Psychology, Personality and socialization Academic Press, New York, 1973.
2. Brodzinsky D, Ambren S.R., Life Span Human development, Holt Rinehart, 1979.
3. Rogers W., The Psychology of Adolescence Prentice Hall, 1976.
4. Chadbe S.P., Adolescent Psychology, Vikas Publishers, 1983 .
5. Stotzheland H., The Psychology of Human Development .
6. Parker R.D., The Preschool in Action : Exploring early childhood programmes today Albpr and Dacon 1972.
7. Graval J.S., Early Childhood Education, National Corporation, Agra 1984.

**ST.JOSEPH'S COLLEGE FOR WOMEN ( AUTONOMOUS ) , VISAKHAPATNAM**

**Time:2 Hrs/Week**

**LIFE SPAN DEVELOPMENT – I**

**Max. Marks : 50**

**PRACTICALS**

**OBJECTIVES :** To enable the students to

1. Acquire skills of measuring and recording various developments of children during childhood and adolescence.
2. Learn indigenous toy – making.

**COURSE :**

**UNIT – I** : Visits to School, crèches and orphanages

**UNIT – II** : Physical development – Anthropometric measurements – comparison of different age groups ( 2 -12 years) sex and socio economic status.

**UNIT – III** : Motor skills – play habits and hobbies of school children, Social and emotional development of school children.

**UNIT – IV** : Sociogram and Behavioral problems – a case study – childhood / adolescence

**UNIT – V** : Preparation of Soft toys & indigenous toys for different age groups ( minimum 3)  
Play activities with and without equipment ,Creative Activity suitable for children of different age groups ( minimum 5 to be recorded)

**REFERENCES :**

1. Developmental Psychology – A life Span Approach by Hurlack E.B., Tata McGraw Hill. Book Co.Ltd., New Delhi, 1981.
2. A Text Book of Child Behavior and Development by Kuppuswamy B. Konark Publishers Pvt. Ltd., Delhi, 1990 .
3. A Text book of Child Development by Devadas R.P., Jaya, N., Mc Millan India Ltd ., Delhi, 1984.

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